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The Kailash tour is one of the most sacred trips for people of Hindu, Buddhist, and Jain religion. It was one of the most challenging trips in Tibet, but nowadays, it is easily accessible due to the modern road infrastructure and traffic system in Tibet. This 13-day journey begins in Kathmandu with a rough and scenic trip to Keyrung along the Nepalese border at Rasuwagadi. The blacktop road in Tibet leading to Lake Mansarovar and Mount Kailash offers a picturesque view of snowy mountains and high Tibetan plains.

## Kailash Tour by road highlights

- ❖ Kathmandu city sightseeing tour
- ❖ The panoramic trip from Kathmandu Kerung -Kailash Mansarovar- Kathmandu
- ❖ Manasarovar Circle, a sacred lake
- ❖ Mount Kailash Kora, a holy mountain
- ❖ Walk to Dolma La Pass 5,600

Mount Kailash is a very popular holy mountain in Tibet and is also known as Tise, Kailash, or Kang Rinpoche (Jewel of the snow). Mount Kailash is sacred to Hindus, Buddhists, Jains, and Bonpos as the center of the physical and metaphysical universe. For Hindus, Kailash Mountain is the residence of Lord Shiva. For Buddhists, it is a terrestrial projection of the cosmic mandala of the Dyani Buddhas and Boddhisattvas.

For the pious pilgrim, a visit to Mount Kailash and Lake Mansarovar is the ultimate achievement of your spiritual quest and offers adventure lovers beauty, isolation, and solitude. If you travel to Mount Kailash in May, you will have the opportunity

to witness the Saga Dawa Buddhist Festival, while most of the other excursions on Mount Kailash are planned. The Kailash tour during the full moon period offers all participants a rare experience.

## **Itinerary details**

### **Day 1: Welcome to Kathmandu international airport**

Upon arrival at Tribhuvan International Airport, our airport representative will be waiting for you in front of the airport terminal to take you to your reserved hotel. In the afternoon, you will have a briefing about your trip, where you can also meet your guide and other team members. In this meeting, you can ask your questions and confusions.

### **Day 2: A full-day city tour of Kathmandu, the capital's valley**

Your sightseeing tour begins after breakfast. You have a private vehicle and a professional guide for your journey to visit the following websites.

**Swyambunath Stupa** - You will see the Kathmandu valley from the top of a hill on its west side. Swyambhunath stupa is also well-known as The Monkey Temple. The Name monkey temple keeps due to the countless monkeys that live on the site.

**Pashupatinath Temple:** Pashupatinath Temple is one of Nepal's holiest Hindu temples. Its location is on the banks of the Bagmati River on the eastern outskirts of Kathmandu. Pashupatinath is the major temple dedicated to Lord Shiva.

**Boudhanath Stupa:** Boudhanath Stupa is a 2500-year-old Buddhist stupa built in the 5th century. Four pairs of eyes of Lord Buddha in four directions monitor people and their actions forever. You will find many Buddhist pilgrims from Tibet walking around the stupa and turning the prayer wheels.

**Patan Durbar Square:** Patan Durbar Square is in the city center of Lalitpur. It shows the architecture of Newari people, which reached its peak during the reign of the Malla kings, who were great builders and promoters of the arts.

The rest of your time can explore, and shopping nears your hotel.

### **Day 3: Drive to Kerung from Kathmandu Travel duration: 8-9 hours**

You start your journey to Kerung very early in the morning. You have to drive 154 km to get to Rasuwagadi. From here, drive another 23 km to Kerung. As you drive through Langtang National Park, you have to deal with various checkpoints. Night stay in Kerung.

### **Day 4: Acclimatization day in Kerung**

After breakfast, you will take a short walk through the village of Kerung. If you spend an extra day in Kerung, you can get used to the altitude and prepare for the next trip. You will stay in the same guest house.

### **Day 5: Drive to Saga from Kerung: Travel duration 5-6 hours**

On the way, enjoy the view of the snowy mountains. You will go to the high pass of Lalung La Pass and have a magnificent view of the high Himalayas such as Langtang Himal, Mt. Gaurishanker, and Mt Shishapangma. You will cross the sacred river, the Brahmaputra. Night stay at the hotel in Saga.

### **Day 6: Drive to Mansarovar from Saga: Travel duration 6 - 7 hours**

Today is the most promising day for all of you, as you will take a first look at Mount Kailash and Lake Mansarovar. Here, you will receive a sacred bath, relax, and explore the area around Mansarovar. Night stay in the guest house.

### **Day 7: Parikrama in Mansarovar and Drive to Rakshas Tal(Lake)**

In the morning, after having breakfast, travel to Yam Dwar takes 15 minutes by car. From Yam Dwar, you start walking to Dera Phuk (north face of Kailash). You will pack your backpack and luggage for the Parikrama days. A travel bag for two people is allowed.

### **Day 8: Parikrama to Dehara Puk: Travel duration 6-8 hours on foot relatively flat path**

Today, it seems that heaven opened for you and allowed you to look at the world of gods and goddesses. You will walk 18 kilometers through the shaded valley to

the left of the Holy Ganges river and the right of Mount Kailash. Today's feelings can only be experienced by one and not describe. Have your camera ready for a stunning view of Mount Kailash. Night in a guest house.

#### **Day 9: Parikrama continues towards the Dolma-La Pass:**

You should cross Yamasthal to reach the Shiva-sthal as you step approach the pass. When you reach the top, just make the most sacred sacrifice and sit down to meditate. Gauri Kund and Parvati-stal are on the way. At the end of the afternoon, you will arrive at Zuthal Puk, the cave of miracles. Overnight in tents.

#### **Day 10: Parikrama ends and goes to Saga**

After 3 hours of walking, the entire crew awaits your arrival. You will continue your journey to Saga and arrive at night.

#### **Day 11: Drive to Kerung from Saga: Travel duration 5 to 6 hours**

You are following your return trip from Saga to Kerung. Kerung is a border town where you will spend the night. You will spend the night at a hotel in Kerung.

#### **Day 12: Drive to Kathmandu from Kerung: Travel duration 8-9 hours**

We clean up our customs in Kerung before returning to Kathmandu. After completing customs, you will have a scenic drive to Kathmandu.

#### **Day 13: Drive to the Kathmandu international airport for your next destination**

After a few days of fun and religious excitement, your trip comes to an end. Our representatives will accompany you according to your flight time to Tribhuvan International Airport.

#### **What's included?**

- ❖ Pick up and drop off at hotels and airports with private vehicles.
- ❖ Four-star accommodation in Kathmandu on twin sharing with breakfast.
- ❖ Basic guesthouse accommodation during the tour in Tibet
- ❖ All private transportation for the tour in Kathmandu and Tibet

- ❖ Truck for transport food and equipment if you decide to stay in a camp
- ❖ Guided city sightseeing tour in Kathmandu with a guide and a private vehicle
- ❖ Entrance fees to monuments in Kathmandu.
- ❖ Tibetan English speaking tour guide with government license in Tibet.
- ❖ The number of porters requires for the tour likes helpers and drivers.
- ❖ Food, accommodation, salary, insurance, equipment for our ground staff.
- ❖ Entry permits and visa for Tibet and monastery fees.
- ❖ Yak and porter during Kailash Kora
- ❖ All state taxes, VAT and tourist service fees

### **What is excluded?**

- ❖ International flight tickets
- ❖ Entry visa for Nepal; you can obtain a visa upon arrival in Kathmandu.
- ❖ Travel and health insurance
- ❖ Lunch and dinner in Kathmandu
- ❖ Personal items like alcohol, hot and cold drinks, and laundry.
- ❖ Tips for tour staff and drivers.

### **Important note**

Your safety is very important when you travel with us. Please note that your leader has the right to change or cancel part of the trip if he deems it necessary for security reasons. Every effort is made to complete the journey. However, since this adventure trip revolves around remote mountain areas, we cannot guarantee that we will not be distracted. Weather conditions, the health status of group members, unexpected natural disasters, etc. contribute to travel changes. The leader tries to go according to the plan to the route but is ready to feel comfortable if necessary.

### **Food and accommodation**

We provide three types of accommodation during the trip to Kailash. You will stay at 4-star hotels in Kathmandu, three or 4-star hotels in Tibetan cities, including Lhasa, and clean, comfortable standard tea houses during Kora. All

accommodations along the trip are on twin sharing. The particular room will be available upon request for an additional fee. However, the individual addition may not always be possible, especially in higher altitudes above Mansarovar.

During your trip to Mount Kailash and Mansarovar, you can enjoy Nepalese food in Kathmandu and Tibetan food in Tibet as well as famous international cuisine (Italian, Continental, Indian, etc.). We provide only breakfast during your trip to Mansarovar, but after that, lunch and dinner also include. Our chef, who will accompany you on the way, will prepare delicious and hygienic meals for you during the rest of the trip. Breakfast is served every morning at the hotel, and dinner can buy at the hotel or on the menu at the lodge where you will spend the night. You will have your lunch on the way to the your next destination.

### **Tour Managers and other staff arrangements**

During the trip to Nepal part, you are under the guide of Nepal, and the guide of Tibet is your guide in Tibet. Such provision ensures that your guide has in-depth knowledge of the respective specialized area. During the trip to Nepal and Tibet, porters and horses or yaks are responsible for carrying your luggage.

### **Travel insurance**

Travel insurance for each itinerary of our company is a prerequisite for booking vacations. At a minimum, you must have emergency and repatriation insurance that must include the cost of the mountain rescue. Carefully review the terms and conditions of your insurers. You should understand that you will bear the value of the evacuation and return procedures, and that is your responsibility to pay for the removal or medical treatment. You must be fully aware of the effects of travel insurance and understand the limitations and exclusions of your policy. Please note that in certain circumstances, our company guide may initiate helicopter rescue operations (or other necessary operations) in medical emergencies without first seeking approval from your insurance company.

### **Acclimatization**

Being at an altitude can be a challenge for some. All of our trips are planned with a high level of awareness about AMS (acute mountain sickness). Going up to fast can seriously need medical conditions. We understand that for a safe walk, it is necessary to leave enough time for acclimatization. Therefore, a sensible plan is required to reduce the risk of AMS. However, be aware that some visitors are more vulnerable than others.

### **Physical condition and experience requirements**

The trip lasts a few days at high altitude; some time needs a few more hours. The hike is not challenging. However, being at an elevation can be challenging. Therefore, we highly recommend staying physically healthy. We recommend that you consult your doctor and take the necessary advice and take medications to travel to extreme heights before going on vacation.

### **Important information about the Tibet tour**

Above all, all travelers traveling in Tibet are asked to point out that Tibet is isolated from the impressive mountains of the Himalayas, remains one of the most fascinating but least developed parts of the world. Although the tourist facilities are updated, they remain pure and limited in scope. Therefore, visitors are asked not to have high expectations of the facilities in Tibet. However, we will do our best to make your trip as pleasant as possible.

The road between Tibet and Nepal is not up to date either; it is rough, bumpy, and winding. Especially during the monsoons (June-August), it can be temporarily hampered by landslides and erosion. Therefore, some sportswear and sports shoes are highly recommended to make it easier for travelers to walk on the landslides.

### **Reservation and visa procedures:**

You should contact us at least two weeks before with a fixed reservation with full payment along with full passport details. We organize the China / Tibet visa from Kathmandu. The visa procedure takes three full working days if you are available in Kathmandu.

**Cancellation:**

Fifty percent of the tour cost will be charged as a cancellation fee if you cancel the tour within seven days before the start of the journey. After that, there is no refund in any reason such as no show, late arrival or any other

**Risk Liability**

We will always do our best to make your trip pleasant and enjoyable, however, since all tours through Tibet are carried out exclusively by the Tibet Tourism Authority or its representatives. We are not responsible for changes or cancellations of programs due to unavoidable circumstances such as road closures, floods, snow, riots, Flight cancellations, late arrival, etc. In the event of illness or accident, the customer bears all additional costs. It is, therefore, advisable that customers have full insurance against the risk of medical and personal disasters. Cancellation insurance is also the most recommended in your country of origin.